



LifeCalls Communities of Practice

GATHER FOR SUPPORT

Nurture your best self and highest vision in a group coaching experience

ENCORE CAREERISTS

- Sustain yourself with work you love
- Guided exercises to focus on your passions, vision, values, wellness, and leisure activities
- Offer and receive support and accountability to live meaningfully
- Small groups (4-6 people)
- Six 60 minute sessions

MENTAL HEALTH PROFESSIONALS

- Nurture your self and your practice with other licensed clinicians
- Practice guided mindfulness or focusing
- Rotate focus on one client case/ session
- Confidentiality is observed
- Small groups(4-6 people)
- Six 60 minute sessions

CLERGY AND LAY MINISTERS

- Come rest and be nurtured in faith community
- Check-ins and shared reflection
- Rotate focus on one Holy experience/ session
- Confidentiality is observed
- Multi-faith participants
- Small groups (4-6 people)
- Six 60 minute sessions

VIV HAWKINS

VIV@LIFECALLSCOACH.COM

LIFECALLSCOACH.COM 267-607-6856

Entry as seats allow

Contact us for pricing

Sliding scale available, as needed